

2nd ANNUAL WOMEN'S SELF DEFENSE CLASS

SATURDAY, OCT. 31, 1998
0900 - 1200

BRING YOUR DAUGHTER(S)
OR FRIEND(S).

LEARN HOW TO PROTECT
YOURSELF WITH
HANDS -ON
DEMONSTRATIONS.

WEAR SWEATS AND
TENNIS SHOES.



CLASS WILL BE HELD IN THE
AITA AUDITORIUM.

THIS CLASS IS FREE!!!!!!

A \$15.00 REFUNDABLE DEPOSIT IS REQUIRED TO

REGISTER. CALL PAM, EXT. 4950.

INSTRUCTORS ARE FROM THE

BLACK BELT CENTER, POMONA

Name _____ Phone _____ Dept. _____

Address _____ City _____ Zip _____

PLEASE SEND THIS BOTTOM PORTION WITH YOUR DEPOSIT CHECK, PAYABLE TO SACH, TO THE
EDUCATION DEPT. 2nd ANNUAL WOMEN'S SELF DEFENSE CLASS

YOUR DEPOSIT CHECK WILL BE RETURNED ON THE DAY OF CLASS. PHilgendorf@SACH.ORG