

Volunteer Section

Community Relations Office

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February 6, 1999

On Saturday, February 6, 1999, Mr. Alex Paredes assisted Hollenbeck Area's Volunteer Section by offering his expert services of martial art to the currently attending volunteer academy candidates. As in the past, Mr. Paredes, a three year veteran of the Hollenbeck Volunteer Program, has assisted with this topic of 'Street Awareness and Safety'. He has been asked to assist Hollenbeck's Training Unit in several 'in-service' training sessions. It is obvious that Mr. Paredes' knowledge and ability to teach self defense technics is a valuable resource for Hollenbeck Area. Alex has gone as far as to prepare literature and handout material of safety tips to be given to officers and citizens alike.

Alex Paredes has demonstrated the partnership between the Department and the community to the highest caliber. He is to be commended for his attention to detail, dedication, loyalty but most of all his true concern for the officers and citizens who are trained to help serve the Hollenbeck community.