

Women's Personal Safety Workshop (Especially for Seniors)

Taught by:
Officer Alex Paredes &
Officer Stan McCauley

REDLANDS
POLICE



Wednesday
May 20, 2009
10:00—11:30 am

Redlands Senior
Center
111 W. Lugonia
Avenue
Redlands
(909)798-7579

Objective: To raise the level of awareness among women to minimize their risk of victimization.

Workshop Includes:

- A personal safety presentation
- Guest speakers from Redlands Police Department
- Hands on training (optional)